



# TOURS CATALOGUE



# SUP (STAND UP PADDLE) LESSONS PRIVATELY OR IN GROUPS



Operated by SUPHERR

# SUNSET SUP OR KAYAKING TOUR

**Duration:** 1 hour and 30 minutes.

**US\$45** Rate for one person

**US\$35** Rate for two or more people each.

**Includes:** board, leash, paddle and life jacket and photos.

**Departure time:** 4:00 p.m.

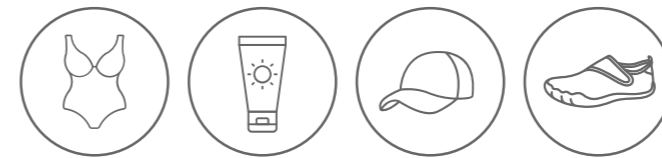
**Level:** Beginner, Intermediate, Advanced.

“

Take a fascinating Paddle Board or Kayaking Guided tour through the Nicoya Gulf admiring the mesmerizing sunset surrounded by the natural beauty of Costa Rica.

”

**We recommend:**



FROM  
**\$35** p/p

**Duration:** 1 hour and 30 minutes.

**US\$45** Rate for one person.

**US\$35** Rate for two or more people each.

**Includes:** board, leash, paddle and life jacket and photos.

**Schedule:** between 6:00 a.m. and 4:00 p.m.

“

**Introduction to SUP:**

You will learn the amazing activity of SUP in a very safe environment and with the best certified specialists. Beachfront facilities, showers, changing rooms and beach chairs.

”

**We recommend:**



FROM  
**\$35** p/p



Operated by SUPHERR

# MANGROVE SUP / KAYAKING TOUR



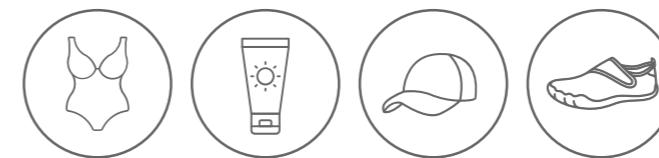
Operated by SUPHERR

# BOAT MANGROVE TOUR

**Duration:** 2 hours.  
**US\$80** per person (minimum 2 people).  
**US\$65** from 3 to 5 people.  
**US\$45** from 5 to 10 people.  
**Includes:** Guide, boat transportation, and life jacket.  
**Schedule:** depending on the tide.

“ Enjoy the sunset, crossing around Islands on the Nicoya’s Gulf, like Cocineras Island, watching a lot of marine birds that live there, also San Lucas Island, Caballo Island and others. Finally enjoying time around the mangroves of Venado Island, allowing you to know variety of flora and fauna, then return at sunset time. ”

We recommend:

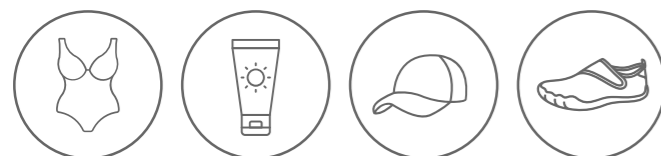


FROM **\$45** p/p

**Duration:** 2 hours.  
**US\$45** per person (minimum 2 people).  
**Includes:** Instructor, Equipment, Board and Leash.  
**Schedule:** depending on the tide.

“ Enjoy a Paddle Board or Kayaking Guided tour on the Nicoya’s Gulf mangroves allowing you to know variety of flora and fauna in this unique environment in Costa Rica. ”

We recommend:



FROM **\$45** p/p



Operated by SUPHERR

# SUP / KAYAK PRIVATE TOUR TO SAN LUCAS ISLAND



Operated by SUPHERR

**Duration:** 4 hours.

**US\$190** per person (minimum 2 people)  
**US\$130** per person (3 or more people)

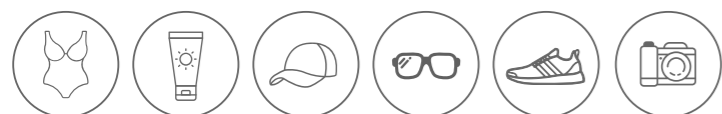
**Includes:** SUP / Kayak equipment, entrance to the Island, Boat support throughout the tour, and bottled water.

**Level:** Intermediate or advance. (7km paddling to the Island / 2 km walking) returning by boat.

**Departure time:** 5:00 am.

**Entrance to the island:** 8:30 am.

**We recommend:**



“

Visit San Lucas Island in a private tour and experience a unique adventure learning about the history of the “Lonely men’s Island”. This is a Guided tour in the Island where they will teach you many interesting facts about the prison, prisoners, guards, the church and more.

”

**FROM**  
**\$130** p/p

# PRIVATE BOAT TOUR TO SAN LUCAS ISLAND

**Duration:** 4 hours.

**US\$190** per person (2 or 3 people)  
**US \$95** per person (more than 4 people).

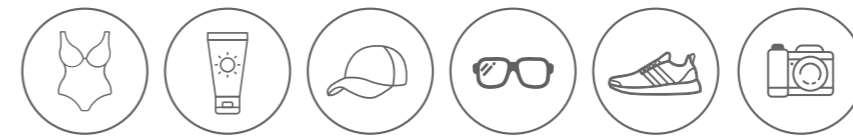
**Includes:** Sea transportation, tickets to the island, tickets to the historic center (Hours: 8:00 a.m. -11:00 a.m. -1:30 p.m.). Snack on one of the island’s beaches, and water throughout the tour.

“

You will arrive at the dock where the adventure starts at the Penitentiary Center. First you will walk by La Calle de la Amargura, the dispensary, the chapel, cells and a walk to Playa Cocos, passing through Calle de las Jachas and the stone corral.

All this is part of the tour you will live in great place full of history called by locals “The Lonely men’s island” ”

**We recommend:**



**FROM**  
**\$95** p/p



Operated by SUPHERR

# TORTUGA ISLAND PRIVATE TOUR



Operated by SUPHERR

**Duration:** 5 hours.

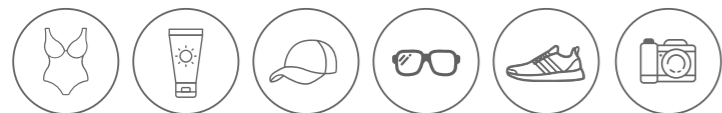
**US\$130** per person  
(minimum 4 people).

**US\$110** per person  
(from 5 to 8 people).

**Includes:** Sea transportation  
and lunch on the Island.

“ Tortuga Island is well known for its crystal clear waters and beautiful white-sand beaches. This is a very special place for those marine nature lovers where they can enjoy snorkeling and other activities in the place. During our tour you can see several of the islands of the Gulf, finally surrounding Tortuga Island, where you have at least 3 hours to enjoy the place. ”

**We recommend:**



FROM  
**\$110** p/p

# PRIVATE FISHING TOUR

**All day,** departure 7 am: (10 hours approx) **US \$ 750/1** or 5 people.

**Half day:** (5 hours approx)  
**US \$ 550/1** or 5 people.

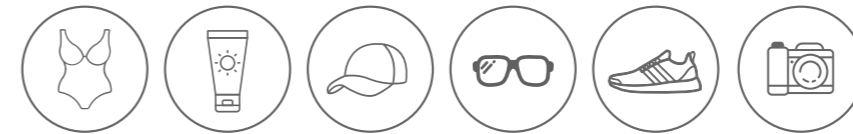
**Includes:** Captain and professional sailors, bait, complete fishing equipment (not specialized fly fishing equipment), sandwiches, and lunch. Non-alcoholic drinks and water.

“

Enjoy the Nicoya Gulf spending a full day on a boat equipped for sport fishing with professional bilingual guides. The half-day tour can be scheduled for the morning or afternoon. In coastal fishing, we recommend a maximum of 6 people, in offshore fishing a maximum of 4 people.

”

**We recommend:**



FROM  
**\$550**



# HIKE AT CABALLO ISLAND



Operated by SUPHERR

# SUP & HIKE CABALLO ISLAND

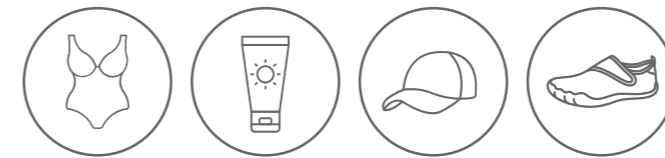
**Duration:** 6 hours.  
**US\$170** per person (minimun 2 people).  
**US\$150** per person (from 3 to 4 people).  
**Includes:** Equipment, board, paddle, leash and life jacket.

“

If you are an adventurer enjoy a guided tour in the Nicoya Gulf while you go towards to Isla Caballo. Once you arrive at the island you will start a high intensity 8 km walk (we have also a 2km option) around the island to explore this amazing place, then you will return to the hotel by boat.

”

We recommend:



FROM  
**\$150** p/p

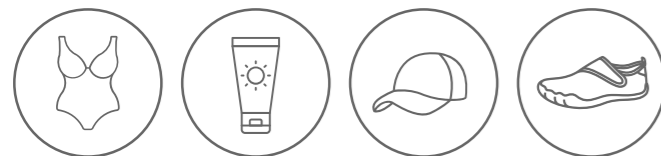
**Duration:** 4 hours.  
**US\$120** per person (min 2 people).  
**US\$100** per person (2 to 4 people).  
**US\$80** per person (4 to 10 people).  
**Includes:** Sea transportation, snacks and water.  
**Difficulty:** High.

“

Live a very unique experience with a guided tour on the Nicoya Gulf admiring and learning about the natural beauty of Costa Rica, it is a 8 km walk (optional medium 2km) on the island and return in boat.

”

We recommend:



FROM  
**\$80** p/p



Operated by SUPHERR

# BIOLUMINESCENCE KAYAKING TOUR



**Duration:** 1 hour 30 minutes.

**US\$50** per person  
(minimum 2 people).

**Includes:** Guide, safety equipment, kayak, paddle and life jacket, bottled water.

“

An overnight kayaking tour in the Nicoya Gulf is an impressive and unforgettable experience. The ocean glows with bioluminescence, looking you are sailing over a millions of bright stars in the night sky.

”

**We recommend:**



**FROM**  
**\$50** p/p

# BIOLUMINESCENCE, WHALE WATCHING \*\*AND TORTUGA ISLAND

**Schedule:** Departure 2:30 p.m., Return 7:00 p.m.

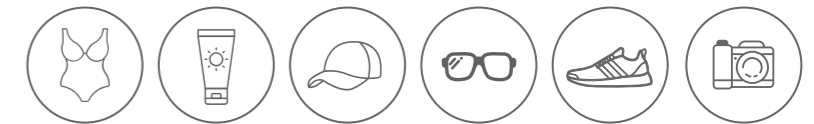
**US\$120** p/p (4 people +).

**US\$150** p/p (3 people min).

**Includes:** boat, picnic on the beach with snacks prepared by our O’Pacific chef. Non-alcoholic beverages.

We will take you through the beautiful and magical Islands in the Nicoya Gulf such as San Lucas, Pan de Azúcar, Cedros, Negritos, arriving at Isla Tortuga we will sail along the coasts between Playa Quesera, Curú Reserve, and skirting Isla Tortuga, while we travel in this zone it is possible to see marine wildlife as whales that are frequently watched **\*\*during the months of July to November**. Once we arrive at Isla Tortuga around 4 pm in the afternoon, you will be able to enjoy the island, practice snorkeling and have a picnic on the beach to watch the magnificent sunset. when the sunset is over, we will board the boat again to wait for the darkness of the night to start sailing to Isla Cedros where you will live an unforgettable and unique experience that is called Bioluminescence.

**FROM**  
**\$120** p/p



# TOUR KAREN MOEGENSEN RESERVE



Operated by SUPHERR

# ARTISANAL FISHING FROM THE DOCK OR BEACH

**Duration:** 2 hours (Day or Night)

**US\$30** per person

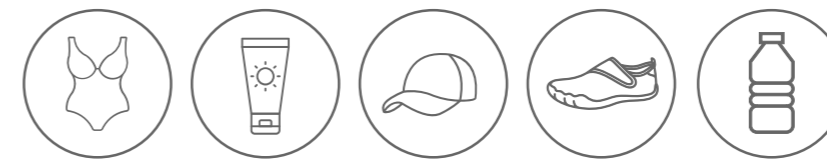
**Includes:** fishing equipment (yo-yo fishing reel), baits, and local guide

“

In this artisanal fishing experience you will be using Yo-Yo fishing reels, a type of fishing practiced by locals in the Gulf of Nicoya. In fact, the area is characterized by having a big variety of fish. You can chose to do the experience during the day or at night time from the dock of the hotel or the beach's shore. It is a fun and safe way to for both children and adults to learn the art of fishing the way locals practice it!

”

We recommend:



**\$30** p/p

**Duration:** 2.5 hours.

**US\$165** (1 pax)

**US\$90** p/p (2 pax)

**US\$80** p/p (3 pax)

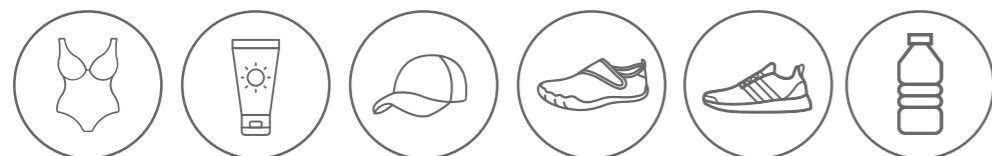
**Includes:** entrance tickets, guide. transport (3 pax) and a snack.

“

You will have the chance to explore the beautiful natural reserve of Karen Moegensen, ideal to enjoy nature, watch different species of birds and get to cool yourself down in the wonderful waterfalls of the reserve.

”

We recommend:



**FROM**  
**\$80** p/p



Operated by SUPHERR



# ARTISANAL FISHING TOUR IN KAYAK

# RATES FOR RENTING EQUIPMENT



Operated by SUPHERR



**Duration:** 3 hours.

**US\$50** p/p

**Includes:** Single or double kayaks, life jacket, paddles, fishing equipment (yo-yo fishing reel), baits, and local guide

In this artisanal fishing tour you will be using Yo-Yo fishing reels, a type of fishing practiced by locals in the Gulf of Nicoya. The tour will start from the hotel's beach and our local guide will take you towards the best fishing spots around the hotel. In this area you can find different species like sea bass, red snapper, needle fish, rooster fish, horse mackerel and cabrilla, among others. The tour can be done individually or with family: In fact it is also recommended for children, thanks to the safe area of gulf in which the hotel is located.

**We recommend:**



**\$50** p/p

	HOURS	NET RATE
SUP	1	C.15.000
	2	C.20.000
	3	C.25.000

	HOURS	NET RATE
KAYAK	1	C.12.000
	2	C.15.000
	3	C.20.000

	HOURS	NET RATE
KAYAK 2 PPL	1	C.15.000
	2	C.20.000
	3	C.25.000

**ENJOY THE ADVENTURE**

